

# DR. ADBEL BARY FARAHAT ABDEL BARY

## PROFESSOR & CONSULTANT OF PUBLIC HEALTH

### **CONTACT INFORMATION:**

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farahatson@yahoo.com
- **Date of Birth:** 3 December 1961
- **Nationality:** Egyptian



### **SUMMARY:**

**Senior consultant and academic physician with over 35 years of experience in Preventive, Environmental, and Occupational Medicine. Extensive background in university teaching, research, occupational health consultancy, and public health program implementation in Egypt and Kuwait. Currently serving as Consultant of Preventive Medicine at the Ministry of Health, Kuwait, with active involvement in international public health initiatives.**

### **EDUCATION:**

- **MD in Industrial Medicine and Occupational Diseases**  
– Zagazig University, Egypt, November 1995
- **M.Sc. in Industrial Medicine and Occupational Diseases** – Zagazig University, Egypt, October 1991
- **M.B., B.Ch. in Medicine & Surgery** – Zagazig University, Egypt, December 1985

## **EXPERIENCE:**

### **CONSULTANT OF PREVENTIVE MEDICINE:**

**[Preventive Health Department – Ministry of Health, Kuwait]**

February 2004 – Present

- **Conducting research in Preventive Medicine.**
- **Delivering lectures, workshops, and training programs for physicians, nurses, and health officers.**
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### **BENHA FACULTY OF MEDICINE:**

**[Benha university, Egypt]**

1987 – Present

- **Professor of Preventive, Environmental & Industrial Medicine and Occupational Diseases (Nov 2006 – Present)**
- **Associate Professor (Apr 2001 – Nov 2006)**
- **Lecturer (Feb 1996 – Apr 2001)**
- **Assistant Lecturer (Jul 1992 – Feb 1996)**
- **Administrator (Aug 1987 – Jul 1992)**

### **Key Academic & Professional Responsibilities:**

- **Teaching and examining undergraduate and postgraduate medical and nursing students.**
- **Supervising Master's and MD theses.**
- **Research in Public Health, Environmental, and Occupational Medicine.**
- **Occupational health consultancy and workforce medical screening programs for over 600,000 workers across Greater Cairo.**
- **University representative on industrial disaster management advisory committees.**

## **INTERNATIONAL PROGRAMS & INITIATIVES:**

- **Active member of the WHO Polio Eradication and Measles Containment Program, Kuwait.**

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## **PROFESSIONAL MEMBERSHIPS:**

- **Egyptian Association of Community Medicine**
- **Egyptian Association of Industrial Medicine**

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## **LANGUAGES:**

- **Arabic** – Native.
- **English** – Level B2.

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## **REFERENCES:**

### **Prof. Hosny A. Abdel Rahman**

- Former Dean, Benha Faculty of Medicine, Zagazig University  
Director, Sports Medicine Hospital, Nasr City, Cairo.  
**Mobile:** +20 122 148 288

### **Prof. Osama Wasif**

- Head of Public Health Department, 6th October Faculty of Medicine.  
Former Head of Public Health Department, Benha Faculty of Medicine.  
**Mobile:** +20 100 340 0107

### **Prof. Soad Darwish El Gendi**

- Professor & Former Head of Public Health Department - Benha Faculty of Medicine.  
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**Mobile:** +20 132 267 05

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## **PUPLICATIONS & RESEARCH:**

- 1. Comparative Study Between Advice and Support Only and Nicotine Replacement Treatment with Advice and Support for Hospitalized Smokers.**  
*Benha Medical Journal*, 2005; 22(3): 237–247.
- 2. Prevalence of Depression in Patients Attending Benha University Hospital.**  
*Benha Medical Journal*, 2005; 22(1): 801–812.
- 3. Chronic Respiratory Effects and Immunological Patterns Among Workers in the Potato Processing Industry.**  
*Egyptian Journal of Occupational Medicine*, 2006; 30(1): 1–16.
- 4. Stress Among Intensive Care Unit Doctors Working in Menoufia and Qalyoubia Governmental Hospitals.**  
*Egyptian Journal of Occupational Medicine*, 2006; 30(1): 71–81.
- 5. The Risk of Cardiovascular Disease and Depression in Health Care Workers Due to Workplace Bullying.**  
*Benha Medical Journal*, 2005; 22(3): 417–429.
- 6. Insomnia in Different Occupations.**  
*Zagazig University Medical Journal*, 2003; IX(1): 181–195.
- 7. Neuropsychological Functioning and Health of Dentists Exposed to Mercury.**  
*Benha Medical Journal*, 2005; 22(3): 219–236.
- 8. Reaching Good Control Targets in Kuwaiti Diabetic Patients.**  
*Benha Medical Journal*, 2005; 22(3): 207–217.
- 9. Patient Satisfaction Toward Occupational Health Services in the Chemical Industry.**  
*Egyptian Journal of Occupational Medicine*, 2005; 29(2): 239–252.
- 10. Quality Assessment of Maternal Health Services in Qalyoubia Governorate.**  
*Benha Medical Journal*, 2005; 22(3): 249–262.

11. **Assessment of the Effect of Lead Exposure on the Cardiovascular System Among Workers in the Battery Industry.**  
*Egyptian Journal of Occupational Medicine*, 1998; 22(1): 137–145.
12. **Health Hazards of Double Employment in Working Women.**  
*Benha Medical Journal*, 1998; 15(2): 912–920.
13. **Respiratory Hazards and Pulmonary Ventilatory Function in Welders.**  
*Benha Medical Journal*, 1999; 16(1): 177–191.
14. **Pulmonary Ventilatory and Audiometric Changes Among Workers in the Wood Processing Industry.**  
*Egyptian Journal of Occupational Medicine*, 1999; 21(2): 177–191.
15. **Nasal Mucosa Changes in Wick Deodorizer Workers Exposed to Formaldehyde.**  
*Benha Medical Journal*, 1998; 15(3): 249–262.
16. **Heat Disorders, Serum Electrolyte Disturbances, and Hematological Changes Among Workers in Hot Environments.**  
*Benha Medical Journal*, 1996; 13(3): 587–601.
17. **Health Hazards of Lead Exposure in Electronic Industries, Qalyoubia Governorate.**  
*Benha Medical Journal*, 1997; 14(2).
18. **Dental Caries Among School Children in Qalyoubia Governorate.**  
*Benha Medical Journal*, 1998; 14(2): 377–385.
19. **Sociomedical Pattern of the Elderly Population in Qalyoubia Governorate.**  
*Benha Medical Journal*, 1997; 14(1): 249–262.
20. **Health Hazards Among Car Maintenance Workers.**  
*Benha Medical Journal*, 1995; 12(3): 207–217.
21. **Health Hazards Among Workers Exposed to Different Chemicals in the Paint Industry.**  
*Egyptian Journal of Occupational Medicine*, 1992; 16(1): 41–50.

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